

NAPA

A Toolkit for Activity Providers



Celebrating the 2026 FIFA World Cup - Activity Ideas for Care Services

Introduction

The FIFA World Cup is one of the few global events that brings people together across countries, generations, cultures and abilities. Whether someone has followed football all their life, watched it occasionally with family or simply enjoys the atmosphere of celebration, the World Cup can spark memories, conversations, curiosity and moments of joy.

In care settings, events like the World Cup are about sport and they are about connection, belonging, identity and shared experience.

They offer meaningful opportunities to support wellbeing, social interaction, gentle movement, creativity and reminiscence.

This toolkit has been created to help activity providers and care teams use the FIFA World Cup 2026 as a positive, inclusive theme for engagement.

This toolkit is about people, their stories, preferences, abilities and individuality. The World Cup simply provides a familiar and flexible theme that can be shaped around the people you support.



**CHIEF
EXECUTIVE
OFFICER
NAPA**

Hilary Woodhead

Why the World Cup Works Well in Care Settings

Large global events can be powerful in care environments because they:

- Create a sense of “being part of something bigger”
- Offer shared topics for conversation
- Provide visual and sensory stimulation
- Encourage gentle participation
- Spark personal memories and life stories
- Bring structure and anticipation to the day
- Support cultural awareness and curiosity

Even people who are not interested in football may enjoy the colours, music, food and social aspects that come with the World Cup.

For many people football may connect to memories of family, community or national pride. For others, it may simply be an opportunity to try something new.

The key is to use the theme flexibly and sensitively.



A Person-Centred Approach

Every activity in this toolkit is designed with person-centred care in mind.

This means recognising that each individual has:

- Their own preferences
- Their own history
- Their own energy levels
- Their own comfort zones
- Their own ways of engaging

Some people may be enthusiastic. Some may be curious but cautious. Some may prefer to observe quietly. All of these responses are valid.

Participation should never feel forced. Watching, listening, smiling or commenting are all meaningful forms of engagement.

Your role as a care provider is not to “run an activity perfectly”, it is to create opportunities for connection and to respond to the person in front of you.



Principles to Hold Throughout

These principles guide the entire toolkit and help ensure activities remain supportive and inclusive:

✓ Keep it optional and pressure-free
No one should feel they must join in. Invitations should be gentle and respectful. A simple “You’re welcome to join us if you’d like” is enough.

✓ Aim for connection over competition
The goal is not winning or scoring. The goal is conversation, laughter, shared moments and positive feelings.

✓ Offer choice and multiple ways to join in
People can take part by:

- Doing
- Watching
- Chatting
- Listening
- Helping set up
- Making decisions
- Simply being present

All forms of involvement matter.

✓ Celebrate small engagement
A smile, a reach for the ball, a comment about a colour, a memory shared, these are successes. They show connection and wellbeing.



Supporting Cognitive and Emotional Wellbeing

Many people in care settings live with dementia or cognitive changes.

The World Cup can still be meaningful when approached thoughtfully.

Familiar themes, music, colours and sensory experiences can support comfort and recognition.

Reminiscence activities linked to football, family gatherings or past celebrations can help people reconnect with positive memories.

However, accuracy is not important. Dates, scores and facts matter far less than feelings. If someone shares a memory that is not factually correct, the priority is to validate the emotion behind it.

For example:

“That sounds like a lovely memory.”

“You must have enjoyed that.”

“That sounds exciting.”

This helps maintain dignity and confidence.

Inclusion and Accessibility

This toolkit is designed for mixed abilities and needs.

Activities can be adapted for:

- Limited mobility
- Sensory sensitivities
- Visual or hearing impairment
- Cognitive differences
- Fatigue or low stamina
- Anxiety or low confidence

Inclusion means offering options and respecting limits. It also means recognising that not everyone enjoys sport and that’s okay.

The World Cup can be explored through:

- Art
- Music
- Food
- Culture
- Conversation
- Movement
- Decoration
- Storytelling

Football is just one part of the theme.



The Role of Activity and Care Staff

Your presence and attitude shape the experience. When staff show warmth, curiosity and gentle enthusiasm, people feel safer to join in.

You do not need to be a football expert. You only need to be open, encouraging and attentive.

Simple actions make a big difference:

- Sitting alongside someone
- Asking open questions
- Noticing non-verbal responses
- Offering reassurance
- Giving time and patience

Shared enjoyment between staff and residents often matters more than the activity itself.

Creating a Positive Atmosphere

A World Cup theme can bring a sense of celebration to your setting. Decorations, music, colours and themed spaces can lift mood and create talking points.

But balance is important. Too much noise or stimulation can overwhelm some individuals. Calm spaces and quieter alternatives should always be available.

The aim is a warm, welcoming environment, not a loud or chaotic one.



What Success Looks Like

Success does not mean completing every activity or filling every session.

Success might be:

- Someone joining for five minutes
- Someone sharing a memory
- Someone choosing a flag colour
- Someone laughing during a game
- Someone feeling included in a group

These small moments contribute to emotional wellbeing, social connection and quality of life.

FOOTBALL

Supporting Engagement During the FIFA World Cup 2026

The environment you create plays a major role in how people feel, respond and engage. A thoughtful, well-prepared space can encourage curiosity, comfort and participation, while a poorly managed environment can lead to overwhelm or withdrawal.

During the FIFA World Cup 2026, your setting does not need to be loud or busy to feel celebratory. The best environments balance excitement with calm, stimulation with comfort and decoration with accessibility.

The aim is to create a space that feels welcoming, inclusive and adaptable to individual needs.

Why Environment Matters

A supportive environment can:

- Increase participation
- Reduce anxiety or confusion
- Encourage social interaction
- Support independence
- Improve mood and wellbeing
- Help people feel part of the event

Small environmental adjustments often make a big difference.

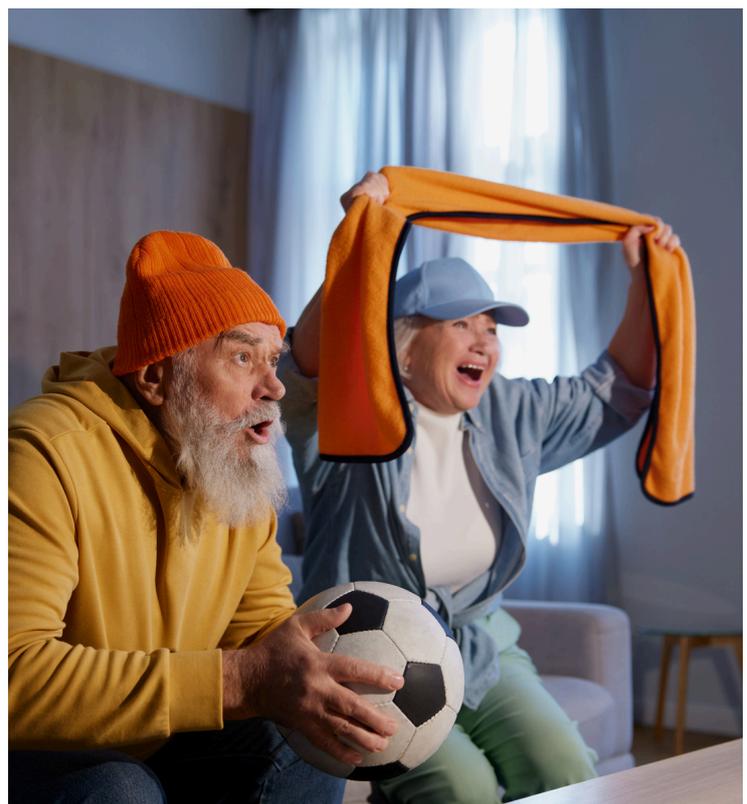
Comfort Comes First

People engage more when they feel physically comfortable.

Ensure:

- Chairs are supportive and arranged for easy access
- Wheelchairs and walking aids can move freely
- There is enough personal space
- The room temperature is comfortable
- Lighting is soft but bright enough for visibility

If someone is uncomfortable, engagement naturally drops.



Managing Noise Levels

World Cup events can be noisy, but not everyone enjoys high sound levels.

Helpful approaches:

- Keep TV or music volume moderate
- Avoid multiple sound sources at once
- Turn down background noise when talking
- Offer a quieter space nearby
- Use subtitles where possible

Calm sound environments support people with dementia and sensory sensitivities.



Visual Environment

Visual cues can invite engagement, but too much can overwhelm.

Aim for:

- A few meaningful decorations rather than clutter
- Clear signage and large-print labels
- Familiar and friendly visuals
- A consistent “World Cup Corner” area
- Good contrast for visibility

Rotate decorations occasionally to maintain interest without overload.



Calm & Quiet Spaces

Not everyone will want full involvement.

Always provide:

- A quiet corner or side room
- Comfortable seating away from crowds
- Calm activities available as an alternative
- Freedom to come and go

Choice supports dignity and reduces distress.



Creating a Welcoming Atmosphere

The tone of the space matters as much as the layout.

Encourage:

- Warm greetings from staff
- Gentle encouragement, not pressure
- Inclusive language (“join us if you’d like”)
- Smiles and relaxed body language
- Respect for cultural preferences

People respond to how a space feels, not just how it looks.

Clear Orientation

For people living with dementia orientation reduces confusion.

Helpful supports:

- A simple daily board: “Today’s World Cup Activity”
- Clocks and calendars visible
- Consistent activity times
- Familiar staff presence
- Gentle reminders of what is happening

Predictability supports confidence.

Sensory Environment

Consider all senses, not just sight and sound.

Think about:

- Food smells (pleasant but not overpowering)
- Comfortable textures in materials
- Avoiding strong cleaning product smells
- Offering sensory-friendly items (soft fabrics, tactile objects)

Positive sensory input can increase calm and interest.



Social Environment

A supportive social environment encourages engagement.

Staff can:

- Sit at eye level
- Join activities rather than supervise from afar
- Notice non-verbal responses
- Support quieter individuals to be included
- Respect when someone chooses not to join

Feeling safe socially is key to participation.

Balance is Key

The most engaging environments are balanced:

- ✓ Stimulating but not overwhelming
- ✓ Social but not crowded
- ✓ Decorated but not cluttered
- ✓ Lively but not noisy
- ✓ Structured but flexible

What a Good Environment Achieves

A well-prepared environment helps people:

- Feel safe
- Feel included
- Feel curious
- Feel calm
- Feel part of the occasion

When the environment is right, engagement often happens naturally.

The FIFA World Cup 2026 offers a unique opportunity to bring people together in a spirit of community and celebration. But the real value of this toolkit lies in how it helps you connect with the people you support.

Use it flexibly. Adapt it freely. Follow the person's lead.

When activities are rooted in kindness, respect and person-centred care, even the simplest moment can become meaningful.

This toolkit is here to support you in creating those moments.

Seated Football: Pass, Score, Celebrate

A gentle movement game promoting coordination, teamwork, laughter and engagement—excellent for mixed mobility groups.

You will need:

- Soft foam ball (or balloon for slower pace)
- Chairs in a circle/semi-circle
- A laundry basket/box as the “goal”
- Optional: scarves/colours for “teams,” simple score chart



What you do

Set up safely

- Clear floor space, lock wheelchair brakes, ensure stable seating.

Warm up

- 1–2 minutes of gentle arm raises, shoulder rolls, ankle taps.

Start with passing

- Introduce: “We’ll pass gently—no throwing hard.”
- Begin slow passes; staff model first.

Add a goal

- Place a basket in the centre or at one end.
- Take turns: roll/underarm pass into the goal.

Build in celebration

- Cheer every attempt (“Great try!”), not just goals.
- Use applause, a bell or a chant for engagement.

Optional team version

- Split into two “teams” by scarf colour (only if motivating).
- Keep scoring light; stop if it becomes stressful.

Cool down

- Gentle stretches and a check-in: “How are your arms feeling?”

Adaptation tips

- Very limited strength: balloon or beach ball; shorter distance
- One-sided weakness: allow two-handed holds or staff-guided rolling
- Dementia: keep rules minimal—pass/roll/cheer
- Low mood: assign a “team cheer leader” role (participation without movement)

Taste of the World: Small Plates & Culture

A sensory, social experience exploring World Cup countries through simple tastes, smells, textures and conversation.

You will need:

- 2–3 simple foods per session (small portions)
- Allergy/diet list, thickener guidance if needed, adaptive cutlery
- Flags/labels, napkins, drinks, hand wipes
- Optional: music from the featured countries

What you do:

Plan safely

- Check allergies, swallowing needs, diabetes considerations and preferences.
- Choose “friendly” options (soft, mild, easy to chew).

Set the scene

- Add small flags and a “menu” with pictures, not lots of text.

Explain simply

- “We’re trying a few small tastes today. You can taste, smell or just watch.”

Offer one item at a time

- Serve tiny portions to reduce overwhelm.
- Encourage slow enjoyment: “What does it remind you of?”

Invite participation

- Residents can help stir, arrange plates or place labels.

Support connection

- Prompt light conversation: “Sweet or savoury?” “Crispy or soft?”

Close and record

- Note favourites for future snack days.
- Thank helpers and celebrate participation.

Adaptation tips

- Dysphagia: provide appropriate textures and follow SALT guidance
- Sensory sensitivity: allow smelling only; provide familiar alternative snacks
- Dementia: keep choices small; familiar tastes reduce distress
- Mobility: table service and small reachable trays; avoid passing heavy plates



Penalty Shootout Challenge: Test Your Skills!

The aim of this activity is to create a fun and interactive game inspired by football penalties, inviting individuals to participate in a friendly competition while celebrating the Euros tournament.

You Will Need:

- Soft balls or beanbags
- Goalposts or targets (can be makeshift or purchased)
- Marking cones or tape to delineate the penalty shootout area
- Scoreboard or chart to keep track of scores
- Prizes for participants (optional)
- Staff members or volunteers to assist with the setup and facilitation



What You Do:

- Choose a suitable location for the penalty shootout game, ensuring there is enough space to participate safely. Set up the goalposts or targets at one end of the designated area, leaving enough space to take shots. Use marking cones or tape to delineate the penalty shootout area, marking the spot from which individuals will take their shots.
- Gather individuals in the designated area and introduce the Penalty Shootout Challenge. Explain the rules of the game: Each participant will take turns to kick or throw soft balls or beanbags towards the goalposts or targets, aiming to score as many points as possible.
- Divide people into teams or invite individuals to participate based on preference and group size. Each participant takes turns to attempt a penalty shot, aiming to score points by successfully hitting the goalposts or targets. Depending on the setup, you can assign different point values to various sections of the goalposts or targets (e.g., top corner = 5 points, bottom corner = 3 points, center = 1 point). Use a scoreboard or chart to keep track of each participant's scores throughout the game.
- Encourage friendly competition by cheering on each other's shots and celebrating successful goals. Create a supportive and inclusive atmosphere where individuals of all abilities feel encouraged to participate and enjoy the game.
- Modify the game as needed to accommodate mobility or dexterity challenges. Offer alternative methods of participation, such as using adapted equipment or inviting individuals to take shots from a seated position if standing is difficult.
- At the end of the Penalty Shootout Challenge, recognise participants for their efforts and sportsmanship. Present certificates or small prizes to participants based on various categories, such as "Best Shot", "Most Accurate" or "Most Enthusiastic". Conclude the activity by thanking participants for their involvement and enthusiasm.

Flag Making and Country Bunting

A creative, social session that builds a shared “World Cup Corner,” supports fine motor skills and opens gentle conversation about places, colours, memories and identity.

You will need:

- Large-print flag templates (2–4 countries + blank “make your own”)
- Felt tips / crayons / paints + brushes or sponge dabbers
- Coloured paper, tissue paper, foam shapes, stickers
- Glue sticks, scissors (staff use as needed), tape/string for bunting
- Table covers, aprons/wipes, name labels (optional)

What you do

Set up the space

- Cover tables, lay out materials in small trays and keep choices simple (avoid clutter).
- Display 2–4 example flags and a blank template for those who prefer “free design.”

Introduce in a welcoming way

- “Today we’re making flags for our World Cup display. You can copy a flag, pick your favourite colours or just enjoy watching.”

Offer choices and match support

- Help each person choose: a country, a colour theme or a blank.
- Check comfort: “Would you like to do it yourself, together or would you like me to start it?”

Create together

- Encourage one step at a time: colour blocks first, then details.
- Chat gently while working: “This flag has bright colours—do any colours feel ‘you’?”

Add community meaning

- Ask permission to write the person’s name on the back or add “Made by ____.”
- Take a quick photo (if appropriate/consented) for a display board: “Our World Cup Makers.”

Finish and display

- Let work dry; staff can tape onto string for bunting.
- Hang in the World Cup Corner so residents see their contribution daily.

Close warmly

- Thank participants and invite them to help choose where to place the flags.

Adaptation tips

- Limited dexterity: pre-cut shapes, stickers, sponge painting, larger pens
- Dementia: focus on colour enjoyment; don’t correct accuracy
- Visual impairment: bold outlines, high-contrast colours, textured materials
- Low stamina: offer a “two-minute contribution” (one colour block or one sticker area)



Football Memories and Life Stories Circle

A reminiscence session using prompts and sensory triggers (photos, music, objects) to support connection, confidence and identity—especially effective in dementia care.

You will need:

- 6–12 football photos (mixed eras), simple headlines or postcards
- A small “memory box”: scarf, soft ball, old programme (replica ok)
- Music playlist (1960s–1990s or resident-preferred)
- Tea/snacks (optional), comfortable seating, quiet room

What you do:

Create a calm atmosphere

- Choose a quieter space, arrange chairs in a circle, keep background noise low.

Open with reassurance

- “There are no right answers—just whatever comes to mind.”

Use gentle prompts

- Show one photo/object at a time. Ask:
 - “What do you notice?”
 - “Does this remind you of anyone?”
 - “Did you ever go to matches or watch at home?”

Follow the person’s lead

- If someone talks about family, food, travel, pubs or school—go with it.
- Reflect feelings: “That sounds like it was exciting.”

Support quieter residents

- Offer opt-in: “Would you like to just listen?” and check comfort.

Use music as a bridge

- Play one familiar song between prompts; invite toe-tapping or humming.

Close positively

- Thank everyone, summarise warmly: “We shared some lovely memories today.”
- Offer a continuation: “Next time we can talk about favourite celebrations.”

Adaptation tips

- Dementia: avoid testing memory (“What year was...?”), focus on feelings
- Hearing needs: face people, speak slowly, reduce background sound
- Anxiety: allow leaving/rejoining, keep group small (3–6)
- Limited communication: invite pointing, yes/no or “show me which picture you like”



Tabletop Football: Roll to the Goal Zones

A focused, low-mobility-friendly game that supports attention, turn-taking and hand-eye coordination.

You will need:

- Table with clear surface
- Soft ball, ping pong ball or balloon
- Tape to mark goal zones and lanes
- Optional: ramps (rolled towel) for easier rolling

What you do:

Create the pitch

- Tape a centre line and two goal areas on the table.

Explain simply

- “We roll the ball and try to reach the goal zone.”

Practice turns

- Start with rolling to a partner to build confidence.

Introduce targets

- Aim for the taped goal area; staff can count attempts if welcomed.

Add variation

- Add cones/cups as “defenders” to roll around.
- Or add a “bonus zone” for extra fun.

Keep it social

- Encourage compliments and cheering.
- Rotate partners so people connect.

Adaptation tips

- Tremor/poor grip: larger ball, shorter distance, towel ramp
- Visual impairment: bright tape, larger contrasting ball
- Dementia: keep one goal only; repeat calm cues
- Frustration: remove scoring—focus on rolling back-and-forth



“My Team Shirt” Design Wall

A self-expression craft that supports identity, conversation and pride creating a shared “team wall” where everyone belongs.

You will need:

- Large T-shirt templates (A4/A3)
- Stickers (numbers, stars, shapes), coloured paper, fabric scraps (optional)
- Markers, crayons, glue sticks, tape
- Optional: magazines for collage, foam letters for names

What you do:

Prepare examples

- Show 1–2 simple examples (not too perfect, keep it achievable).

Invite participation with choice

- “You can design a shirt for any country, your favourite colours or your own made-up team.”

Personalise

- Offer to add a name or a number (with consent): “Would you like ‘7’ or a number you like?”

Build step-by-step

- Start with big blocks of colour/paper.
- Add stripes, shapes, stickers and finally name/number.

Encourage gentle conversation

- “What would your team be called?” “What colours feel happy to you?”

Make it social

- Pair people up to admire each other’s shirts or do a mini “shirt reveal.”

Create the Team Wall

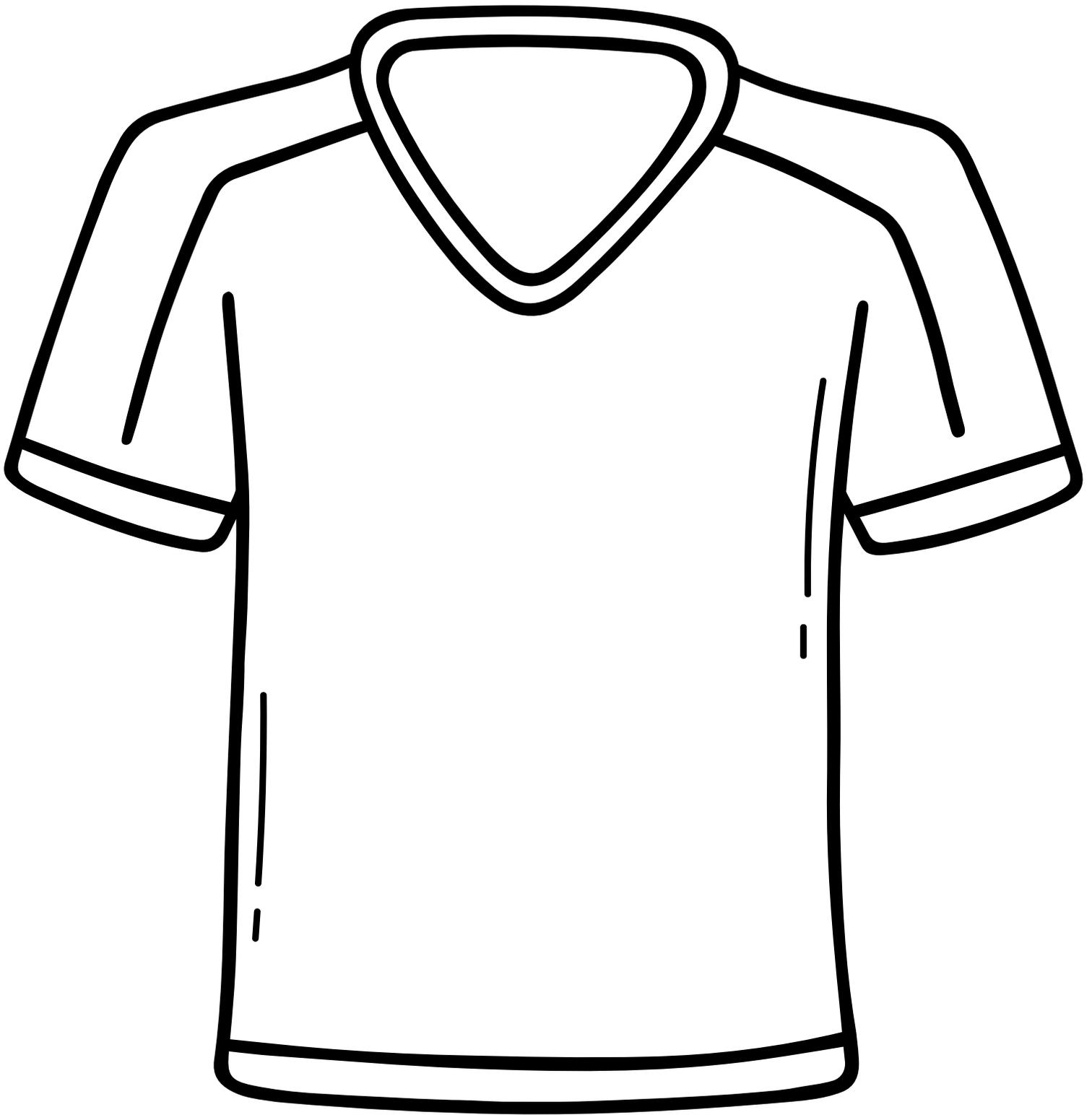
- Display all shirts together with a title like “Our World Cup Squad.”
- Revisit later: use the wall as a prompt for chats and match-day gatherings.

Adaptation tips

- Fatigue/low attention: offer “decorate just the badge” (a small circle area)
- Dexterity: large stickers, peel-assist tabs, pre-applied glue
- Dementia: avoid “rules,” keep it playful and validating
- Sensory needs: offer fewer materials, avoid glitter if disliked



Design your own Football Shirt



Match-Day Social: Watch Party (Calm and Inclusive)

A shared event focusing on belonging and atmosphere—watching is optional, participation can be through snacks, conversation, music or decorations.

You will need:

- TV/screen, remote, subtitles if available
- Snacks/drinks suitable for residents
- Decorations (flags, bunting), scarves/colours
- Quiet side-room or calm corner option
- Simple “what’s happening” cue cards for staff

What you do:

Plan for comfort

- Choose seating with clear views and space for wheelchairs.
- Decide on volume and use subtitles where possible.

Set a welcoming tone

- “Join us for the World Cup atmosphere—watch, chat, snack or just enjoy the company.”

Offer roles

- “Snack helper,” “flag holder,” “cheer captain,” “welcome greeter.”

Support understanding

- Staff give simple commentary: “They’re trying to score now.”
- Avoid constant talking—keep it gentle.

Manage stimulation

- Provide a quiet area; invite breaks without fuss.

Make it celebratory

- Photo wall (with consent), themed napkins, music before/after.

Close kindly

- Thank everyone, ask what they enjoyed, note preferences for next event.

Adaptation tips

- Dementia: shorter viewing windows (15–30 mins), more social focus
- Sensory needs: low volume, calm lighting, quiet zone
- Hearing: subtitles, front-row seating, reduce background chatter
- Anxiety: allow leaving/rejoining; avoid “crowded” feeling



Sticker Voting: Favourite Flag / Favourite Team

A quick, low-demand engagement activity that supports choice, participation and conversation—ideal for people who don't want longer sessions.

You will need:

- Poster board
- 4–8 flags or team pictures (large, clear)
- Large stickers (easy peel)
- Marker for labels and totals

What you do:

Set up the board

- Arrange flags with space beneath each for stickers.

Explain the choice

- “Pick the one you like best—any reason at all.”

Support access

- Bring the board to individuals if they can't come to the group.

Invite conversation gently

- “What do you like, colour, pattern, name?”

Celebrate participation

- Praise choosing, not the result.

Share results

- Later, announce: “Today's favourite flag is...” (keep it fun and light).

Use it as planning

- Use the “winning” country as the next snack/music theme.

Adaptation tips

- Dexterity: sticker peel tabs or staff place sticker where resident points
- Dementia: reduce choices to 2–3; keep prompts simple
- Visual impairment: fewer options, bigger images, high contrast
- Low engagement: allow “choose by pointing” or “choose by colour”



World Cup Soundtrack: Music and Movement

A sensory-based session using global music to support mood, movement and connection, excellent for mixed abilities.

You will need:

- Speaker/music player
- Playlist with a mix of familiar songs and world music
- Simple percussion (shakers, tambourines) optional
- Comfortable seating, open space for small movement

What you do:

1. Start calm
 - Begin with a familiar song to settle the group.
2. Invite listening first
 - “You can listen, tap your foot, clap or just relax.”
3. Add gentle movement
 - Simple actions: clap on the beat, sway arms, tap knees.
4. Use instruments if helpful
 - Hand out shakers; demonstrate slow rhythms.
5. Connect with memories
 - Ask: “Does this sound like holidays, dances, family parties?”
6. Bring in World Cup energy
 - Add one “anthem-style” track and invite a light cheer.
7. Close soothingly
 - End with a calm, familiar track and a short check-in.

Adaptation tips

- Sensory sensitivity: lower volume, fewer instruments, shorter session
- Dementia: familiar era music can reduce distress and spark engagement
- Mobility: seated movement only; options for “holding an instrument” without playing
- Fatigue: do 10-minute “mini music breaks” rather than a full session



Football Songs Sing-Along: Embracing the Spirit of Football

The aim of this activity is to bring individuals together in a lively and interactive sing-along session, where they can relive the passion and excitement of football through iconic chants and songs.

You Will Need:

- Printed lyrics sheets for football chants and songs
- Music playback device (e.g., speaker, stereo system)
- Microphone (optional, for amplification)
- Props or visual aids related to football (optional)
- Refreshments (optional)



What you do:

- Curate a playlist of popular football chants and songs, including club anthems, national team chants and classic football-themed songs.
- Promote the session through flyers, posters or announcements, emphasising the opportunity to join in a fun and spirited celebration of football culture.
- Arrange seating in a comfortable and spacious area, ensuring that individuals have enough room to participate actively in the sing-along session. Set up the music playback device and prepare the printed lyrics sheets for distribution to participants.
- Introduce the purpose of the event: to celebrate the passion and camaraderie of football through music. Briefly explain the significance of some of the selected chants and songs, highlighting their importance in football culture.
- Start the sing-along session by playing the first song from the curated playlist. Encourage individuals to sing along to the lyrics, clap their hands or even engage in simple dance movements to the rhythm of the music. Use visual aids or props related to football (such as scarves, flags or miniature footballs) to enhance the immersive experience.
- Encourage active participation by encouraging individuals to take turns leading the sing-along session or sharing their favourite football memories and experiences between songs. Create a supportive and inclusive atmosphere where individuals of all musical abilities feel encouraged to join in and contribute to the festivities.
- Arrange a cooking session where Individuals can make football snacks.
- Create a "Guess the Football Player" game using pictures of famous footballers.
- Have a "Build Your Own Stadium" craft activity where Individuals can create miniature football stadiums out of craft materials.
- Arrange a virtual tour of famous football stadiums.
- Organise a football-themed exercise class, incorporating gentle stretches and movements inspired by football.

Football Songs Sing-Along: Embracing the Spirit of Football – Continued

- Host a "Fantasy Football Draft" where Individuals can create their dream team for the Euros tournament.
- Arrange a reminiscence session where Individuals can share their own memories of watching football matches or playing football in their youth.
- Set up a "Football Trivia Wheel" game where individuals spin a wheel to answer questions about football and the Euros.
- Organise a football-themed arts and crafts session where individuals can create flags, banners or paintings inspired by the Euros.
- Host a "Name That Football Stadium" quiz where Individuals guess the names of famous football stadiums from around the world.
- Arrange a screening of a football-themed movie or documentary, followed by a discussion session.
- Host a football-themed poetry reading session where Individuals can share poems about their love for the game.
- Organise a "Football Bingo" game featuring football-related terms and trivia.
- Have a closing ceremony party to celebrate the end of the Euros tournament, complete with awards for individuals who participated in various activities throughout the event.



Jersey Day: Celebrating Football Spirit

The aim of this activity is to create a sense of excitement and camaraderie by encouraging individuals to wear their favourite football team's jerseys, promoting social interaction and team spirit in celebration of the Euros tournament.

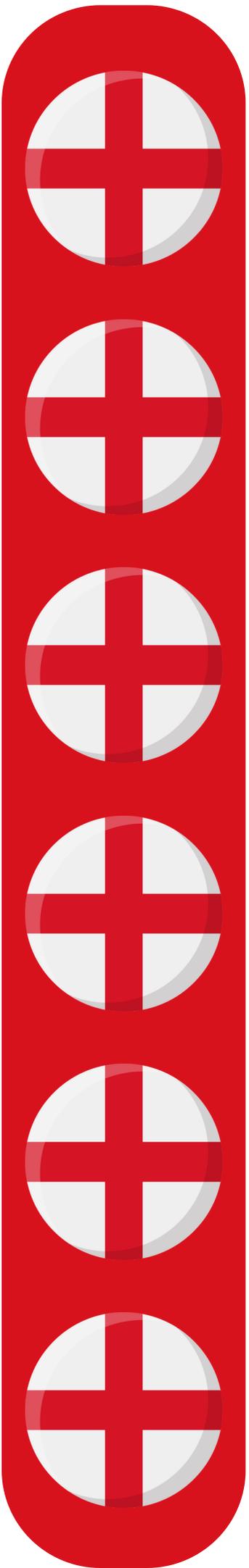
You Will Need:

- Flyers or posters to promote the event
- Football-themed decorations (optional)
- Digital camera or smartphone for capturing photos (optional)

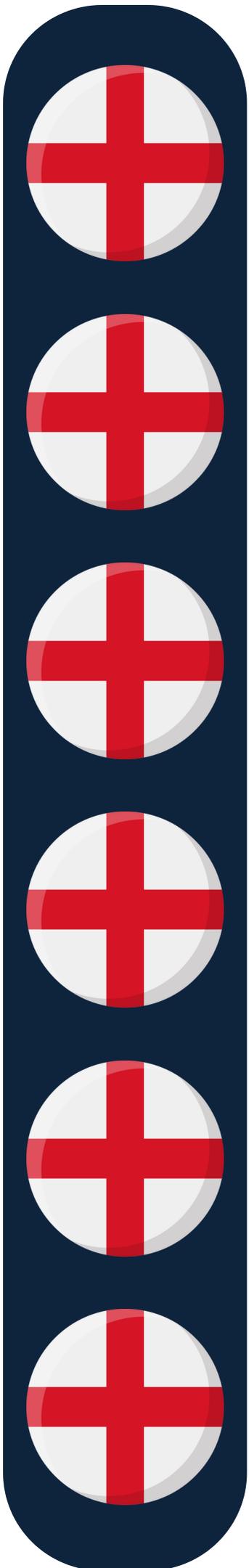
What You Do:

- Announce the upcoming Jersey Day event through flyers, posters or announcements during group activities. Create excitement by highlighting the opportunity to proudly display allegiance to favourite football teams.
- Since the focus is on celebrating the Euros, encourage individuals to wear jerseys representing teams participating in the tournament or any other teams they support. Emphasise that individuals are welcome to wear jerseys from any era, whether it's a vintage jersey or one representing a current team.
- Offer assistance to those who may need help locating or putting on their football jerseys. Ensure that staff members are also participating by wearing football jerseys, further enhancing the sense of community and enthusiasm for the event.
- On the designated day, encourage individuals to proudly wear their football jerseys. Create a festive atmosphere by decorating common areas with football-themed decorations such as banners, flags and balloons. Play football-themed music in the background to enhance the ambiance and set the mood for the day.
- Organise interactive activities throughout the day to complement the Jersey Day theme. Host a "Jersey Fashion Show" where individuals can strut their stuff and showcase their favourite football jerseys.
- With permission, capture memorable moments from Jersey Day by taking photos. Create a digital photo album or display board showcasing the photos, inviting individuals to reminisce about the event and share memories with their families and friends.
- Conclude the day with a closing ceremony to thank individuals for their participation and enthusiasm.
- Highlight the sense of unity and team spirit displayed throughout the event, emphasising the joy of coming together as a community to celebrate the love of football.

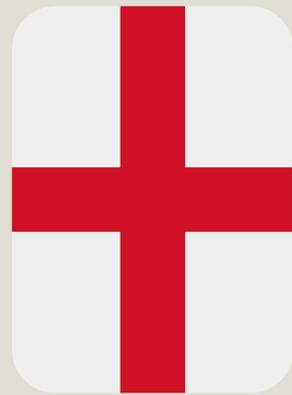
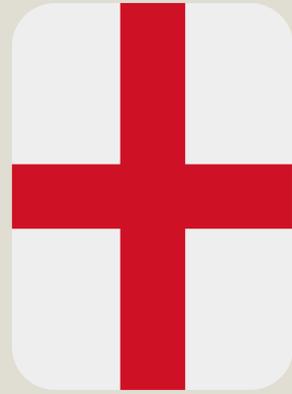
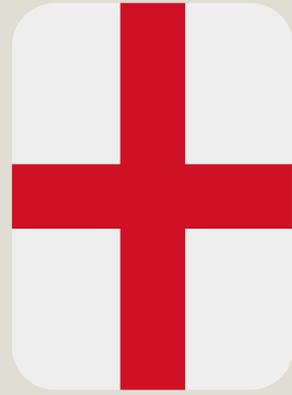
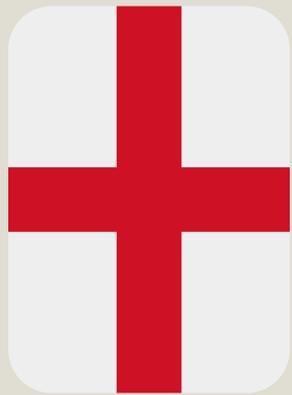
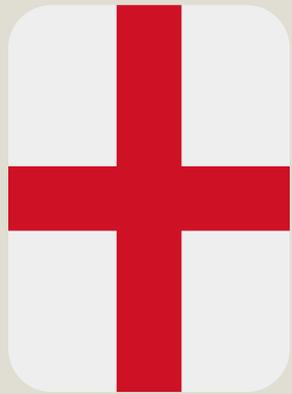
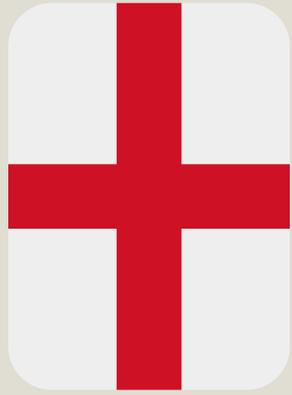




Eng+land Eng+land Eng+land Eng+land Eng+land



Eng+land Eng+land Eng+land Eng+land Eng+land



NAPA