



2026 ACTIVITY TOOLKIT

NAPA

We are excited to share NAPA's Activity Ideas for Care Sector's Got Talent 2026!

At NAPA, we believe activities should provide meaningful opportunities for everyone to take part in a way that reflects their interests, strengths and preferences.

Care Sector's Got Talent is a wonderful opportunity to bring people together to celebrate individuality, creativity and the many different talents within a service.

Being involved does not have to mean stepping on to a stage. Someone might enjoy singing or dancing while another person may prefer creating decorations, choosing the music, welcoming guests, helping with refreshments, taking photographs or cheering from the audience. Every contribution matters and every role can help create a memorable celebration.

In this resource, we have brought together 12 activity ideas to help you create your own Care Sector's Got Talent event, from making decorations and performer props to creating mocktails, designing programmes, setting up a photo booth and celebrating everyone with an awards ceremony.

We have also included practical **Activity Tips and adaptations** throughout to help make each idea accessible and enjoyable for people with different abilities, communication styles and preferences.

The activities can be used individually or combined to create a whole event. Most importantly, there is no right or wrong way to take part. As the resource highlights, the aim is not to find the "best" performer but to create an enjoyable and inclusive experience where everyone feels valued and involved.

We hope these ideas inspire you to create your own celebration, discover new talents and make plenty of happy memories along the way.

Everyone has something valuable to contribute.

Let's celebrate it!

You can find more free resources on our website - www.napa-activities.org.uk



Mike Butler

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NAPA

Care Sector's Got Talent 2026



Activity Ideas

Care Sector's Got Talent is a fantastic opportunity to celebrate the skills, personalities and achievements of the people who live, work and volunteer within your service.

Whether someone loves to sing, enjoys crafting, has a great sense of humour or simply likes cheering others on, everyone has something valuable to contribute.

The aim is not to find the "best" performer, but to create an enjoyable, inclusive event where everyone feels valued and involved. Some people will love being centre stage, while others may prefer helping behind the scenes or supporting from the audience.

Every role is just as important. When planning your activities, think about each person's interests, abilities and preferred way of taking part.

Offer choices, adapt activities where needed and encourage people to join in at their own pace. Small changes can make a big difference and help everyone enjoy being part of the celebration.



1 Host Your Own Care Setting's Got Talent

You will need:

- ✓ A space for the event
- ✓ A list of performers
- ✓ Score sheets or voting cards
- ✓ A microphone or something to use as a microphone
- ✓ Music or a speaker
- ✓ Chairs for the audience
- ✓ Certificates or awards

What to do

Bring everyone together for your very own Care Setting's Got Talent show.

Invite individuals, staff, families, friends and volunteers to get involved by sharing a talent, performing together or helping organise the event.

Not everyone will want to stand on stage, and that's absolutely fine. Encourage people to choose a role that suits them.

They could become:

- A presenter
- Welcome guests,
- Introduce performers,
- Hand out programmes
- Operate the music,
- Take photographs,
- Help with refreshments or
- Present certificates at the end of the show.



Talents can be as
big or as small
as people wish.

Singing, dancing, poetry, storytelling, comedy, playing an instrument, magic tricks, knitting, painting, flower arranging, baking or even showing off a favourite collection are all wonderful ways to celebrate individuality.

Remember
that simply taking
part, however
that looks, is an
achievement worth
Celebrating.



- Speak with each person beforehand to find out how they would like to be involved.
- If someone feels nervous, offer the chance to perform with a friend, family member or member of staff.
- Performances can be seated or completed using mobility equipment if this is more comfortable.
- Familiar songs, poems or dances often encourage people living with dementia to join in and may spark happy memories.
- Allow plenty of time so nobody feels rushed.
- If someone uses communication aids, symbols or Makaton, encourage these to be part of the performance.
- Create a quiet space where people can take a break if the event becomes too busy or noisy.
- For people who prefer not to perform, offer roles such as presenter, music assistant, photographer or audience supporter.
- Give people the choice to take part individually or with other people.
- Celebrate everyone's contribution equally, whether they perform on stage or support behind the scenes.

2 Create Talent Show Decorations

You will need:

- ✓ Coloured paper or card
- ✓ Pens, pencils or paint
- ✓ Ribbon or string
- ✓ Templates for stars, microphones or stage signs
- ✓ Scissors and Glue
- ✓ Glitter or stickers
- ✓ Certificates or awards

What to do

Transform your room into a talent show venue by making colourful decorations together.

Individuals can create:

- Star decorations
- Trophy displays
- Bunting
- Window decorations
- Stage backdrops
- Welcome signs
- Performer name cards
- Table decorations



Encourage everyone to personalise their creations by choosing their favourite colours, adding their names or decorating stars with positive words such as:



Once everything is finished, work together to decorate the room ready for the *big event!*

Seeing their artwork displayed often gives people a real sense of pride and ownership.

- Offer a variety of materials so everyone can take part in a way that suits them.
- Pre-cut shapes for anyone who finds using scissors difficult.
- Use larger brushes, chunky pens, sponge dabbers or stickers for people with reduced hand strength or dexterity.
- Encourage individuals to choose their own colours and designs rather than copying examples.
- Some people may prefer sticking decorations onto boards while others enjoy painting or colouring.
- If someone has a visual impairment, use bold colours and textured materials that are easier to distinguish.
- Provide templates for anyone who benefits from additional structure or would like extra support getting started.
- Offer different ways to participate such as painting, sticking, choosing colours or directing someone else.
- Display every decoration proudly so everyone can see how they have contributed to the event.



3 Make Scoring Paddles and Judge Cards

You will need:

- ✓ Coloured paper or card
- ✓ Pens or markers
- ✓ Glue
- ✓ Wooden sticks or rulers
- ✓ Scoring sheets
- ✓ Stickers



What to do

Create your own judging paddles ready for the talent show.

Decorate paddles using encouraging words such as:



You could also create score cards featuring stars instead of numbers, helping to keep the atmosphere fun and supportive.

Invite judges to look out for things such as:

- Confidence
- Creativity
- Teamwork
- Enthusiasm
- Audience engagement
- Having fun



The aim is to *celebrate* everyone's effort rather than compare

- Encourage judges to give kind, positive feedback after every performance.
- Large print, bright colours and simple designs can make paddles easier to use.
- Picture symbols or emojis work well for people who find reading difficult.
- Some individuals may prefer giving feedback using thumbs up, clapping, smiling or pointing rather than speaking.
- Consider pairing people together to judge as a team if this helps build confidence or makes the activity more enjoyable.
- Avoid using low or negative scores. Instead, recognise different strengths and make sure everyone receives positive encouragement.
- Allow people who find writing difficult to dictate their ideas or feedback to someone else.
- Use stars, pictures or symbols instead of written scores where this makes judging more accessible.



4 Create Talent Show Themed Mocktails

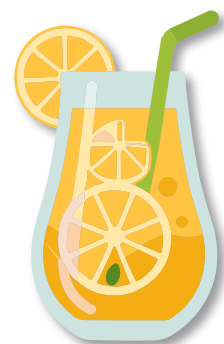
You will need:

- ✓ Fruit juice
- ✓ Fresh fruit
- ✓ Cups or glasses
- ✓ Decorations for cups
- ✓ Sparkling water or lemonade
- ✓ Ice
- ✓ Straws
- ✓ Menus or drink labels

What to do

Add a touch of glamour to your event by creating your own talent show mocktails.

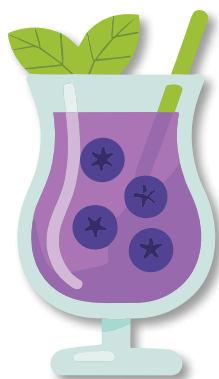
Invite individuals to choose ingredients, mix flavours, decorate cups and invent exciting drinks. Some fun ideas include:



The Golden Star



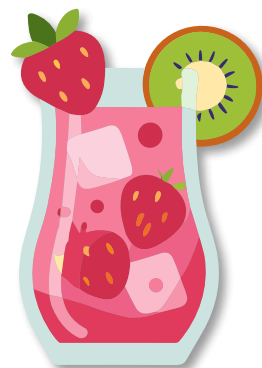
Standing Ovation



The Encore



Superstar Splash



Showstopper Surprise

Design a colourful menu and serve the drinks during your Care Sector's Got Talent celebration.

This activity encourages creativity, conversation and teamwork while adding

something special to the event. ✨



- Always check for allergies, dietary needs and any prescribed texture-modified diets before preparing drinks.
- Offer adapted cups, two-handed mugs or straws if they help someone drink more comfortably.
- People who are unable to mix ingredients independently can still enjoy choosing flavours, selecting fruit or naming the drinks.
- Encourage people to smell, taste and talk about the different fruits and flavours to create a sensory experience where appropriate.
- For people living with dementia, using familiar fruits and favourite drinks can encourage conversation and reminiscence.
- Work in small groups so everyone has an opportunity to be involved and no one feels overwhelmed.
- Offer sensory opportunities such as smelling, touching and discussing ingredients where appropriate.
- Use familiar fruits and favourite drinks where these may encourage conversation or reminiscence.
- Celebrate every drink created — there is no right or wrong recipe!

5 Create a Red Carpet Entrance



You will need:

- ✓ Red fabric, paper or a tablecloth
- ✓ Camera or tablet
- ✓ Interview questions
- ✓ Balloons
- ✓ Decorations
- ✓ Props

What to do

Roll out the red carpet and give everyone the chance to feel like a star.

Transform your entrance into a VIP arrival area where individuals, staff, families and visitors can enjoy a warm welcome before the show begins.

As people arrive, invite them to walk along the red carpet, stop for a photograph and, if they would like to, answer a few fun interview questions.

You could have staff or volunteers acting as reporters, asking questions and introducing each person as they arrive.



What are you looking forward to most?

What talent are you celebrating today?

Interview ideas include

Who would you like to thank today?

If you could have any super talent, what would it be?

Are you performing or cheering someone on?



Play upbeat music as people arrive and encourage applause to help everyone *feel welcomed.*



- Not everyone will enjoy being the centre of attention, so always ask before inviting someone onto the red carpet.
- Offer seated photo opportunities for anyone who would be more comfortable sitting down.
- Make sure there is enough space for wheelchairs, walking frames and other mobility equipment.
- Some people may prefer having a photograph with a friend, family member or member of staff rather than on their own.
- Always ask permission before taking or displaying photographs, following your organisation's consent procedures.
- Adapt interview questions to suit each person's communication needs. Some people may enjoy chatting, while others may prefer yes/no questions, picture cards or simply smiling for the camera.
- For people living with dementia, keep conversations relaxed and focus on enjoying the moment rather than expecting detailed answers.
- Give individuals the choice to participate without being photographed.
- Keep the experience relaxed and avoid putting anyone under pressure to answer questions.
- Remember that choosing to watch from the audience is just as valuable as walking the red carpet.

6 Make Performer Props and Accessories

You will need:

- ✓ Cardboard
- ✓ Paints
- ✓ Scissors
- ✓ Fabric scraps
- ✓ Craft materials
- ✓ Glue
- ✓ Decorations

What to do

Get creative by making fun props and accessories for performers to use during the talent show.

Ideas include:

- Cardboard microphones
- Superstar glasses
- Crowns and tiaras
- Top hats
- Musical notes
- Performer badges
- Stage signs
- Rosettes



These props can also be used later in the photo booth or as keepsakes from the event.

- Prepare some templates for people who would like extra support getting started.
- Pre-cut shapes if using scissors may be difficult.
- Offer larger craft materials that are easier to grip.
- If glitter or textured materials are uncomfortable, provide alternative decorations such as coloured paper, ribbons or stickers.
- Encourage creativity, there is no “right” way to decorate a prop.

- People with visual impairments may enjoy using textured materials, foam shapes or raised stickers that can be explored through touch.
- Support people to make their own choices about colours and decorations rather than completing the activity for them.
- Allow individuals to choose their own colours, materials and designs.
- Offer support without taking over the activity.



- Praise the effort, imagination and individuality shown in every creation.

7 Design an Event Programme

You will need:

- ✓ Paper or card
- ✓ Computer or printer (if available)
- ✓ Pens
- ✓ Decorative materials

What to do

Create a programme for your Care Sector's Got Talent event that guests can use during the show or keep as a souvenir afterwards.

Include information such as:

- *Event name*
- *Date and time*
- *Welcome message*
- *Running order*
- *Performer names*
- *Judges*
- *Thank you messages*
- *Acknowledgments*



Individuals can help by writing, drawing, decorating pages, choosing colours or suggesting ideas for the front cover.

If you have access to a computer, you could type and print copies.



**Alternatively,
handmade
programmes are just
as special and often
become lovely
*keepsakes.***

- Use large, clear print that is easy to read.
- Include photographs or simple symbols alongside names if this makes the programme more accessible.
- Some people may enjoy dictating information while another person writes it down.
- Encourage individuals to design the front cover using their own artwork.
- Consider creating a digital version that can be viewed on a tablet if preferred.
- If someone finds reading difficult, use pictures, colour coding or photographs to show the order of events.
- Use photographs or symbols to show the running order where this makes the programme easier to understand.
- Allow individuals to dictate information if writing is difficult.
- Make sure everyone who has contributed to the event is recognised in some way, including those working behind the scenes.



8

Create Your Own Awards Ceremony

You will need:

- ✓ Certificates or card
- ✓ Pens
- ✓ Stickers
- ✓ Ribbon
- ✓ Small prizes or trophies (if available)

What to do

Finish your celebration with an awards ceremony that recognises everyone's achievements and involvement.

Rather than focusing on competition, use the awards to celebrate effort, confidence, creativity and kindness. Award ideas include:

- Confidence Award
- Outstanding Supporter
- Best Costume
- Shining Star Award



Personalise certificates by including the person's name and something positive about their contribution. Invite applause after every presentation so everyone feels celebrated.

The most memorable talent shows are not the ones with the biggest performances, they are the ones where everyone feels *included.*



Whether someone sings a solo, introduces performers, creates decorations, chooses the music, hands out programmes or simply claps along from the audience, every role helps make the event a success. By offering choice, adapting activities where needed and celebrating every contribution, you can create a day filled **with confidence, laughter and lasting memories.**



- Every person should receive recognition, regardless of whether they performed on stage.
- Think about what makes each individual unique and personalise awards wherever possible.
- Some people may enjoy receiving their certificate in front of everyone, while others may prefer a quieter presentation afterwards. Respect individual preferences.
- Invite families, friends or other individuals to help present awards if appropriate.
- Use certificates as an opportunity to highlight personal achievements, such as increased confidence, trying something new or supporting others.
- For people living with dementia, presenting certificates alongside familiar music or favourite songs can make the experience even more meaningful.
- Encourage photographs, with consent, so individuals can look back on their achievements and celebrate the occasion long after the event has finished.
- Allow people to help present certificates if they would enjoy taking on this role.
- Recognise contributions from people who helped behind the scenes as well as those who performed.
- Make sure awards focus on individual strengths and achievements rather than competition.

9 Create a Talent Show Photo Booth

You will need:

- ✓ Computer or tablet
- ✓ Props
- ✓ Hats and accessories
- ✓ Printed photographs (if available)
- ✓ Backdrop materials
- ✓ Decorative materials
- ✓ Frames (optional)

What to do

Set up a fun photo booth where everyone can capture memories from the day.

This could be a simple corner with a colourful backdrop or a themed area filled with stars, microphones and balloons.

Create or decorate props such as:



Invite individuals, staff, families and volunteers to have photographs together throughout the event.

Encourage group photos as well as individual pictures to celebrate friendships and teamwork.

If possible, print photographs afterwards and display them around the service or include them in memory books and newsletters.



- Always ask permission before taking photographs and check consent before displaying or sharing them.
- Make sure the photo booth is easy to access for wheelchair users and people using walking aids.
- Offer comfortable seating so everyone can join in.
- Some people may enjoy choosing props, while others may prefer simply smiling for the camera.
- If someone does not wish to be photographed, they could help arrange props, welcome people or become the “official photographer.”
- Avoid using bright camera flashes if they may cause discomfort.
- Give people plenty of time so photographs feel relaxed rather than rushed.
- Allow individuals to participate without appearing in photographs if they prefer.
- Give people the choice of taking part alone or with friends, family or staff.
- Make sure the space allows enough room for mobility equipment.

10 Create a Talent Memory Wall

You will need:

- ✓ Large sheet of paper or display board
- ✓ Pens
- ✓ Coloured paper
- ✓ Decorative materials
- ✓ Sticky notes
- ✓ Glue
- ✓ Photographs

What to do

After the event, create a memory wall celebrating everything that made the day special.

Invite everyone to add something to the display. Ideas include:

- Photographs
- Drawings
- Favourite moments
- Messages
- Funny memories
- Programmes
- Certificates
- Stars with positive comments
- Song lyrics
- Tickets from the event



Title ideas:

Our Talent Show Memories

Celebrating Our Amazing Talents

Everyone's a Star

The display can remain up for several weeks, giving people the opportunity to revisit happy memories and continue

conversations about the event.

Our Stars Shine Bright

A Day to Remember

- Some people may prefer talking about their favourite memories while someone else writes them down.
- Encourage families and staff to add messages too.
- Include artwork, photographs and decorations created during previous activities.
- For people living with dementia, looking through photographs together can encourage reminiscence and conversation.
- Make sure the display is positioned where everyone can see and enjoy it.
- If someone has difficulty writing, they could choose pictures, dictate comments or simply point to favourite photographs.
- Use photographs, familiar objects or other items from the event to support reminiscence.
- Allow individuals to contribute in different ways including choosing photographs, pointing to favourites or adding artwork.
- Make sure the display is positioned at a height where everyone can see and interact with it.



11 Create a Judge's Station

You will need:

- ✓ Tables and chairs
- ✓ Score sheets
- ✓ Decorations
- ✓ Judge name badges
- ✓ Pens
- ✓ Drinks and refreshments (optional)

What to do

Set up a special area for your judges.

Decorate the table with stars, balloons or themed centrepieces to make it feel extra special.

Individuals can help create:

- Judge name badges
- Table decorations
- Score sheets
- Welcome signs
- Certificates for performers



Before the performances begin, remind judges that their role is to encourage and celebrate everyone taking part.

Judges could comment on:

- Creativity
- Confidence
- Teamwork
- Enthusiasm
- Originality
- Audience engagement

Positive feedback helps build confidence and makes the event enjoyable for everyone.



- Keep judging fun and light-hearted.
- Encourage judges to give supportive comments after every performance.
- Large print score sheets and picture symbols may help some people participate more independently.
- People who use communication aids can still be fantastic judges by choosing symbols, pointing or using simple rating cards.
- Pair people together if they would enjoy judging as a team.
- Remember that every performer deserves encouragement, regardless of experience or ability.
- Offer simple rating cards for people who find writing difficult.
- Allow people to use communication aids to give their feedback.
- Use large print and high-contrast designs where appropriate.
- Keep the role supportive rather than competitive.



- Give everyone the opportunity to contribute regardless of experience or ability.

12 Behind the Scenes Team Challenge

You will need:

- ✓ Role cards
- ✓ Pens
- ✓ Lanyards or badge (optional)
- ✓ Planning sheets
- ✓ Decorations

What to do

A successful event depends on more than the performers.

There are lots of important jobs that help everything run smoothly, making this activity perfect for people who enjoy organising, helping others or working behind the scenes.

Possible roles include:

- Presenter
- Welcome team
- Decoration designer
- Refreshment organiser
- Music assistant
- Photographer
- Audience supporter
- Programme distributor
- Certificate presenter
- Stage assistant
- Timekeeper
- Cheerleader



Encourage
people to choose the
role that interests
them most.



At the end of the event, thank everyone for the part they played in making the celebration a success.

- Match roles to each person's strengths, interests and confidence.
- Break larger tasks into smaller, manageable steps.
- Demonstrate tasks rather than giving lots of verbal instructions.
- Encourage teamwork so people can support one another.
- Recognise that helping behind the scenes is just as valuable as performing.
- Celebrate every role during the awards ceremony.
- Use role cards with pictures or symbols to make responsibilities easier to understand.
- Offer roles that can be completed while seated or using mobility equipment.
- Give people choices about the role they would like to take on.
- Recognise behind-the-scenes contributions as equally important to performing.



Making Your Event Inclusive

Every person experiences activities differently, so taking a flexible approach helps everyone enjoy the day.

Offer Choice

Some people will enjoy being centre stage, while others will be happiest helping with decorations, welcoming guests or clapping from the audience. Give people options and respect their decisions if they choose not to take part in certain activities.

Support Independence

Encourage people to do as much as they can for themselves. Offer prompts, demonstrations or gentle encouragement before stepping in to help. Small achievements can have a big impact on confidence.

Make Communication Accessible

People communicate in different ways.

Support communication by using:

- Clear, simple language
- Picture prompts
- Objects of reference
- Makaton or British Sign Language where appropriate
- Communication books
- Talking buttons or electronic communication aids
- Gestures and facial expressions
- Plenty of time to respond

Remember that communication is about listening as well as speaking.

Supporting People Living with Dementia

- Use familiar music and songs.
- Keep instructions short and easy to follow.
- Reduce unnecessary background noise.
- Use photographs and familiar objects to encourage conversation.
- Focus on enjoyment rather than getting things “right.”
- Offer reassurance if someone becomes unsure or anxious.

Supporting People with Learning Disabilities

- Demonstrate activities one step at a time.
- Use visual prompts alongside verbal instructions.
- Repeat information if needed.
- Offer encouragement and celebrate progress.

Supporting People with Physical Disabilities

- Ensure all areas are accessible.
- Allow plenty of space for mobility equipment.
- Adapt seating where needed.
- Offer lightweight equipment that is easier to hold.
- Remember that participation can look different for everyone.

Supporting People with Autism

- Explain what will happen before the activity begins.
- Use visual timetables where appropriate.
- Reduce sensory overload if possible.
- Provide a quiet space for anyone who would like a break.
- Respect individual preferences around noise, touch and social interaction.

Supporting People with Sensory Impairments

- Use large print where possible.
- Choose good lighting.
- Reduce background noise during conversations.
- Use contrasting colours to make resources easier to see.
- Describe what is happening during performances for anyone with a visual impairment.

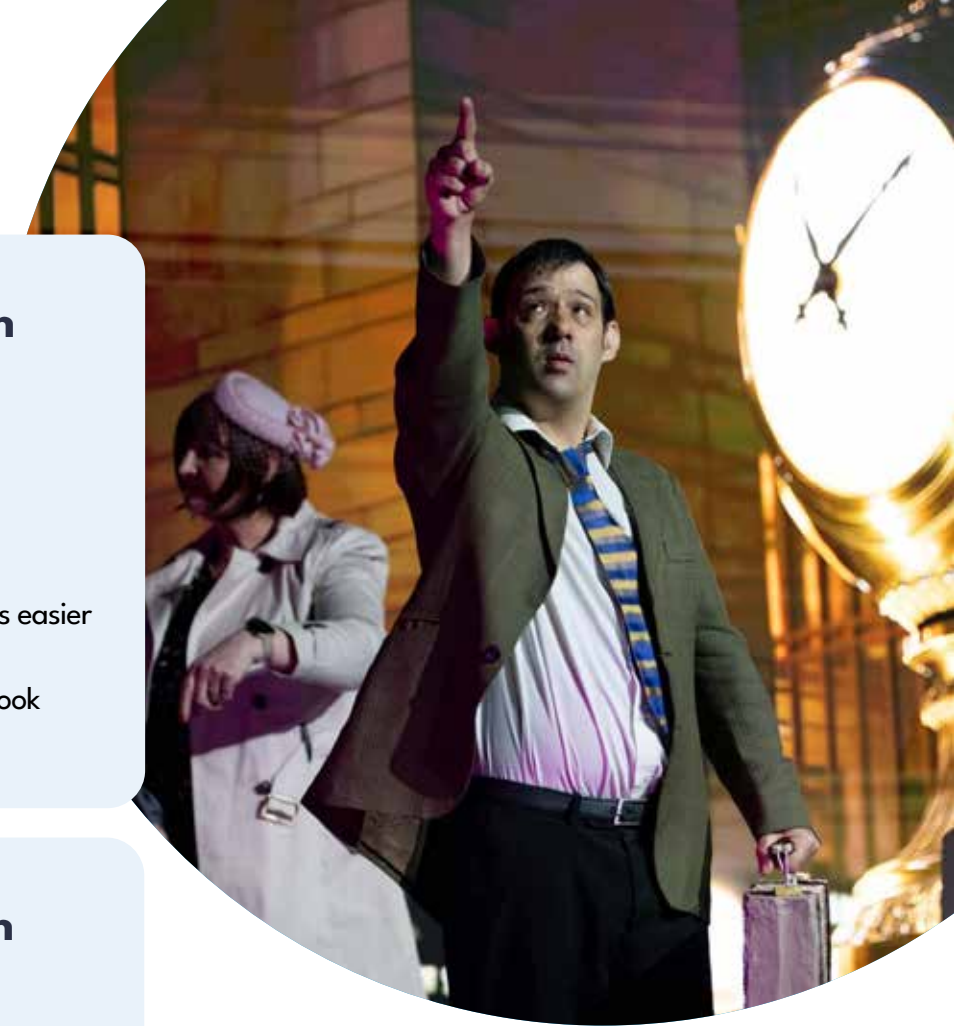
Remember...

Every person has talents worth celebrating.

For some, that might mean singing in front of an audience. For others, it could mean creating beautiful decorations, helping serve drinks, welcoming visitors, introducing performers or simply offering encouragement to others. Care Sector's Got Talent is about bringing people together, building confidence and creating meaningful memories.

When everyone is given the opportunity to take part in a way that suits them, every event becomes a celebration of individuality, friendship and community. The greatest success is making sure everyone feels included, respected and proud to be part of the day.

I've kept the original activity content rather than shortening it and folded the additional adaptations into the existing Activity Tips so the document reads as one consistent resource rather than two documents pasted together.



Our Funding Partners

A huge thank you to our partners



Lead Partners



Sector Partners



Event Partners





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JOIN THE CELEBRATION

2.30pm on Friday 9th October

Click to watch the final

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